



# MAY 2018



Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Omelet With Cheese Bran Muffin Baked Potato Stewed Tomatoes Mandarins And Pineapple Milk	Breaded Haddock Filet Macaroni And Cheese Parslied Carrots Homemade Cole Slaw Fruit Cocktail Milk	Meat And Cheese Lasagna (Pasta) Cooked Seasoned Spinach Summer Squash Banana Milk	Sweet & Sour Meatballs Brown Rice Green Beans Homemade Carrot Salad Local Strawberries Milk	Oriental Chicken Salad With Noodles And Vegetables Asian Cole Slaw Pea Salad Orange Milk
14	15	16	17	18
Spaghetti With Meat Sauce Whole Wheat Pasta Cauliflower Spinach Salad Fresh Apple Milk	Cheese Enchilada With White Sauce & Chicken Broccoli Pickled Beets Apricots Milk	Chicken Patty With BBQ Sauce Barley Pilaf Mixed Vegetables Homemade Cole Slaw Birthday Muffin, Sliced Peaches Milk	Sloppy Joe Whole Wheat Bun Brussels Sprouts Homemade Carrot Salad Sliced Pears Milk	Chicken Ranch Sld W/ Romain Crackers 3 Bean Salad Corn Salad Strawberries Milk
21	22	23	24	25
Chili Beans Whole Wheat Crackers CA Blend Zucchini Fruit Cocktail Milk	Beef Patty With Gravy Oatmeal Cookie Baked Potato Winter Blend Vegetables Banana Milk	Cheese Ravioli With Chicken & Veg Alfredo Sauce Cooked Seasoned Spinach Romaine Salad Pineapple Tidbits Milk	Baked Chicken In Wine Sauce Whole Wheat Bread Mashed Potatoes Peas Local Strawberries Milk	Tuna Macaroni Salad (Pasta) Pickled Beets Homemade Cole Slaw Orange Milk
28	29	30	31	1
<b>Closed For Memorial Day Holiday If You Need A Frozen Meal Speak To Your Site Manager</b>	Pork Rib Patty With BBQ Sauce Graham Crackers Roasted Potatoes And Carrots Green Beans Mandarins And Pineapple Milk	Meatballs With Gravy Brown Rice Broccoli Corn Salad Apricot Halves Milk	Cheese Enchilada In Red Sauce With Chicken Calif Blend Vegetables Mexican Cole Slaw Sliced Peaches Milk	Black Eyed Pea Salad & Hard Boiled Egg/Crackers Homemade Carrot Salad Romaine Salad Local Strawberries Milk

**Please make your meal reservations or cancellations two working days ahead.**

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.